



Gender-Based Build Assessment: **MALE BUILD**

HEIGHT	DECLINE	STANDARD	STANDARD*	DECLINE
4'11"	96	97 - 150	151 - 163	164
5'0"	98	99 - 154	155 - 168	169
5'1"	100	101 - 159	160 - 171	172
5'2"	102	103 - 164	165 - 176	177
5'3"	104	105 - 170	171 - 183	184
5'4"	106	107 - 175	176 - 190	191
5'5"	108	109 - 180	181 - 197	198
5'6"	112	113 - 186	187 - 204	205
5'7"	115	116 - 192	193 - 211	212
5'8"	118	119 - 197	198 - 218	219
5'9"	122	123 - 203	204 - 224	225
5'10"	126	127 - 209	210 - 230	231
5'11"	130	131 - 215	216 - 236	237
6'0"	133	134 - 222	223 - 243	244
6'1"	136	137 - 228	229 - 250	251
6'2"	140	141 - 234	235 - 257	258
6'3"	144	145 - 240	241 - 264	265
6'4"	148	149 - 247	248 - 271	272
6'5"	152	153 - 253	254 - 278	279
6'6"	156	157 - 260	261 - 286	287
6'7"	160	161 - 266	267 - 292	293
6'8"	164	165 - 273	274 - 299	300

* If co-morbidity factors exist such as hypertension and/or high cholesterol, then DECLINE.



Gender-Based Build Assessment: **FEMALE BUILD**

HEIGHT	DECLINE	STANDARD	STANDARD*	DECLINE
4'10"	90	91 - 140	141 - 154	155
4'11"	92	93 - 144	145 - 156	157
5'0"	94	95 - 148	149 - 159	160
5'1"	96	97 - 153	154 - 164	165
5'2"	98	99 - 157	158 - 169	170
5'3"	100	101 - 162	163 - 176	177
5'4"	102	103 - 167	168 - 182	183
5'5"	104	105 - 172	173 - 189	190
5'6"	108	109 - 178	179 - 196	197
5'7"	110	111 - 183	184 - 203	204
5'8"	113	114 - 189	190 - 209	210
5'9"	117	118 - 195	196 - 215	216
5'10"	121	122 - 201	202 - 221	222
5'11"	125	126 - 206	207 - 227	228
6'0"	128	129 - 213	214 - 233	234
6'1"	131	132 - 219	220 - 240	241
6'2"	134	135 - 225	226 - 247	248
6'3"	138	139 - 230	231 - 253	254
6'4"	142	143 - 237	238 - 260	261

* If co-morbidity factors exist such as hypertension and/or high cholesterol, then DECLINE.



Gender-Based Build Assessment: **CHILD BUILD**

AGES 0-2		
HEIGHT (FEET)	HEIGHT (INCHES)	WEIGHT (LBS.)
2'0"	24"	8 - 29
2'2"	26"	10 - 34
2'4"	28"	13 - 35
2'6"	30"	15 - 37
2'8"	32"	18 - 42
2'10"	34"	21 - 46
3'0"	36"	24 - 48
3'2"	38"	26 - 52
3'4"	40"	29 - 56

AGES 3-9		
HEIGHT (FEET)	HEIGHT (INCHES)	WEIGHT (LBS.)
2'6"	30"	18 - 36
2'10"	34"	22 - 42
3'2"	38"	26 - 52
3'6"	42"	32 - 62
3'10"	46"	38 - 76
4'2"	50"	48 - 92
4'6"	54"	56 - 109
4'10"	58"	66 - 126
5'2"	62"	72 - 143

AGES 10-14		
HEIGHT (FEET)	HEIGHT (INCHES)	WEIGHT (LBS.)
3'10"	46"	42 - 90
4'0"	48"	52 - 98
4'6"	54"	62 - 122
4'8"	56"	65 - 128
4'10"	58"	75 - 140
5'0"	60"	78 - 144
5'4"	64"	85 - 168
5'6"	66"	90 - 176
5'8"	68"	95 - 180

If weight is outside range, obtain a report from the child's pediatrician.